

The Cheerleading Worlds®
USASF Worlds Divisions 2025

Level	Divisions	Target Age	Birth Year	Females/ Males	Number on Team
6	Limited Senior XSmall (LSXS)	14-19 yrs	6/1/2005-2011	no males	5-16 members
6	Senior XSmall (SXS)	14-19 yrs	6/1/2005-2011	no males	5-16 members
6	Limited Senior Small (LSS)	14-19 yrs	6/1/2005-2011	no males	17-22 members
6	Senior Small (SS)	14-19 yrs	6/1/2005-2011	no males	17-22 members
6	Senior Medium (SM)	14-19 yrs	6/1/2005-2011	no males	23-30 members
6	Senior Large (SL)	14-19 yrs	6/1/2005-2011	no males	31-38 members
6	Limited Senior XSmall Coed (LXSC)	14-19 yrs	6/1/2005-2011	1-2 males	5-16 members
6	Senior XSmall Coed (SXSC)	14-19 yrs	6/1/2005-2011	1-2 males	5-16 members
6	Limited Senior Small Coed (LSSC)	14-19 yrs	6/1/2005-2011	1-5 males	5-22 members
6	Senior Small Coed (SSC)	14-19 yrs	6/1/2005-2011	1-5 males	5-22 members
6	Senior Medium Coed (SMC)	14-19 yrs	6/1/2005-2011	1-8 males	5-30 members
6	Senior Large Coed (SLC)	14-19 yrs	6/1/2005-2011	1-19 males	5-38 members

NOTE: Adult athletes are required to have current background checks with green light determinations and athlete protection training. Adult athletes are those who are 18 years and older or will turn 18 before June 1, 2025